

65th Annual South Dakota Coaches' Clinic
Highland Conference Center & MTI; Mitchell
July 11, 12 & 13, 2016



Presented Free of Charge by the
South Dakota High School Activities Association

In Cooperation with the
South Dakota High School Coaches Association

With a special thanks to:



Sanford Health
Lead Partner of the
South Dakota High School
Activities Association



Mitchell Sports
and Events Authority
Sponsoring this year's SDHSCA
Coaches' Clinic

65th Annual South Dakota Coaches' Clinic

July 11, 12 & 13, 2016

Event Schedule

Monday, July 11th		
SDHSCA Executive Board Meeting	Highland Conf. Center	8:30 – 11:00 AM
SDHSCA Foundation Golf Tournament	Wild Oak Golf Course	12:00 Noon
Exhibitor Check-in & Set-Up	MTI Commons	12:00 – 6:00 PM
SDHSCA Conference & Golf Tourney Social – OPEN to All Attendees, Vendors, Presenters & Coaches	Highland Conf. Center	6:00 PM
Tuesday, July 12th		
FCA Coaches Leadership Team Breakfast	Comfort Inn Board Rm	7:45 – 9:00 AM
Clinic & Membership Registration	MTI Commons	8:00 AM – 4:00 PM
Exhibitors Open	MTI Commons	8:00 AM – 4:00 PM
Wrestling – Coaches' Advisory Meeting	MTI Classroom	9:00-10:00 AM
Football – Jason Glasco, DWU, Organization & Philosophy with Special Teams	MTI Classroom	9:00-10:00 AM
Volleyball – Andrea McCartney, USF Head Coach	Mitchell HS Gym	9:00-10:00 AM
Basketball – Matt Wilber, DWU Head Coach	Mitchell HS Lower Gym	9:00-10:00 AM
Track & Field – Eric Pooley, SF Lincoln, Distance Training	MTI Classroom	9:00-10:00 AM
Gymnastics & Cheer/Dance – Tumbling Gymnastics and Cheer Discussion w/ Judges	MEGA Gym	9:00-11:00 AM
Wrestling – SDSU Coaching Staff	MTI Classroom	10:15-11:15 AM
Football – Zach Parks, DWU, Being Multiple with Power Schemes & QB Run Game	MTI Classroom	10:15-11:15 AM
Volleyball – Andrea McCartney, USF Head Coach	Mitchell HS Gym	10:15-11:15 AM
Basketball – Matt Wilber, DWU Head Coach	Mitchell HS Lower Gym	10:15-11:15 AM
Soccer – Coaches' Association Meeting	MTI Classroom	10:15-11:15 AM
Track & Field – Derek Fossum DWU Sprints	MTI Classroom	10:15-11:15 AM
Golf – Chris Gomez, DWU, On Range Demonstration	Lakeview GC Range	10:30 to 12 Noon
Cheer/Dance – Questions/Answers from Coaches to Judges	MEGA Gym	11:00 AM – 12 Noon
FCA Coaches' Luncheon		11:30 AM – 1:00 PM
Tennis – On-Court w/ Jason Olson & Pat Moller	Outdoor Courts	12:00 PM – 5:00 PM

Gymnastics – Coaches’ Meetings	MEGA Gym	12:00 – 1:00 PM
Golf – Wade Merry, SDGA & Joey Leisinger, Madison	Lakeview GC Pr. Green	12:30 – 2:00 PM
Cheer/Dance – Stunt Building/Basic Techniques – Safety Judges/Performance Judges	MEGA Gym	1:00 – 2:00 PM
Gymnastics – Tom Jones: Gymnastics Vault and Bars Demonstration	MEGA Gym	1:00 – 3:00 PM
Wrestling – SDSU Coaching Staff	MTI Classroom	1:15-2:15 PM
Football – Ross Cimpl, DWU, Run Defense in a 3-4 Scheme	MTI Classroom	1:15-2:15 PM
Volleyball – Andrea McCartney, USF Head Coach	MTI Classroom	1:15-2:15 PM
Basketball – Advisory Meeting	MTI Classroom	1:15-2:15 PM
Soccer – Steve Cogley & Ryan Beier – Ideas on building a quality High School Program	MTI Classroom	1:15-2:15 PM
Track & Field –Cameron Miser, DWU, Cross Country/Distance Events	MTI Classroom	1:15-2:15 PM
Golf – On Course/Play	Lakeview Golf Course	2:00 PM
Cheer/Dance – Choreography – Safety Judges/Performance Judges	MEGA Gym	2:00 – 3:00 PM
Wrestling – SDSU Coaching Staff	MTI Classroom	2:30 – 3:30 PM
Football – Mini-Session w/ Chad Stadem, Jared Fredenberg & Shayne Geditz	MTI Classroom	2:30 – 3:30 PM
Track & Field – Advisory Meeting	MTI Classroom	2:30 – 3:30 PM
Cheer – South Dakota Cheer Coaches’ Association Meeting	MEGA Gym	3:00 – 4:00 PM
Coaches’ Association Annual Meeting	MTI Classroom	3:45 – 5:00 PM
SDHSCA Hall of Fame & Awards Banquet	Highland Conf. Center	6:00 – 8:00 PM
Social Hour & Karaoke	Blarney’s Pub	8:00 – 11:00 PM
Wednesday, July 13th		
Coaches’ Association Foundation Board Meeting	Comfort Inn Board Rm	6:45 – 7:45 AM
Clinic & Membership Registration	MTI Commons	8:00 AM – 4:00 PM
Exhibitors Open	MTI Commons	8:00 AM – 4:00 PM
Football – Mini-Session w/ Steve Gilbertson, Blaine Bacon & Griffith VanLeur	MTI Classroom	8:30 – 9:30 AM
Basketball – TBD	MTI Classroom	8:30 – 9:30 AM
Track & Field – Mini-Session: Tom Rice/Larry Buffington – Throws	MTI Classroom	8:30 – 9:30 AM
Cheer/Dance – Explanations/Demonstrations of Dance Terminology by SDHSAA Judges	MTI Classroom	9:00 – 11:00 AM
GENERAL SESSION – ALL SPORTS: Ben Leber, Minnesota Vikings	MTI Classroom	9:45 – 10:45 AM

Football – Advisory Meeting	MTI Classroom	11:00 AM – 12:00 PM
Tennis – On Court w/ Tony Stingley, USTA	Outdoor Courts	11:00 AM – 1:00 PM
Cheer/Dance – Advisory Meeting	MEGA Gym	11:00 AM – 12:00 PM
Track & Field – Mini-Session	MTI Classroom	11:00 AM – 12:00 PM
Lunch on your own		12:00 PM – 1:00 PM
Football – DWU Coaching Staff - On-Field Demonstrations	DWU Practice Field	1:00 PM – 2:00 PM
Cheer/Dance – Bruce Kleinsasser: Working with your Administration for your Cheer Team	MTI Classroom	1:00 PM – 2:00 PM
Basketball – Jason Christensen, Dakota Wesleyan University	Mitchell HS Gym	1:00 PM – 2:00 PM
Track & Field – Mini-Session: Jumps	MTI Classroom	1:00 PM – 2:00 PM
Cheer/Dance – Sheri Keck & Bruce Kelinsasser: Setting up Practices and Game Day Activity	MTI Classroom	2:00 – 3:00 PM
Football – DWU Coaching Staff - On-Field Demonstrations	DWU Practice Field	2:00 – 3:00 PM

Sports Confirmed & Hired Speaker Info:

Volleyball	Andrea McCartney – USF	Full Fee & Room Mon Night
Wrestling	Chris Bono & Staff – SDSU	Full Fee & Room Mon Night
Football	Dakota Wesleyan FB Coaching Staff	Full Fee
Tennis	Jason Olson – Rapid City Stevens Pat Moller – Mitchell Tony Stingley – USTA	Full Fee to Tony; Room Mon Night
Golf	Joey Leisinger – Madison HS Wade Merry – SDGA	50/50 split of fee; half to Wade Merry, half to Chris Gomez, DWU – No Room needed
Soccer	Ryan Beier – Sioux Falls O’Gorman Steve Cogley – Aberdeen Central	50/50 split of fee between Cogley & Beier – No Rooms
Basketball	Matt Wilber – Dakota Wesleyan 1331 S Minnesota Street Mitchell, SD 57301 Jason Christensen – Dakota Wesleyan 1433 Pebble Beach Road Mitchell, SD 57301	2/3 fee to Wilber, 1/3 to Christensen – No Rooms
Track & Field/XC	DWU Coaching Staff	Full Fee, No Rooms
Gymnastics	Tom Jones	Full Fee, Room Mon Night
Cheer	Bruce Kleinsasser/Sheri Keck	Full Fee to Bruce/Sheri, One Room Mon & Tues Night
General Session	Ben Leber, Minnesota Vikings/Self	TBD

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Event Schedule – Sorted by Sport

BASKETBALL

Monday, July 11 th		
SDHSCA Foundation Golf Tournament	Wild Oak Golf Course	12:00 Noon
SDHSCA Conference & Golf Tourney Social – OPEN to All Attendees, Vendors, Presenters & Coaches	Highland Conf. Center	6:00 PM
Tuesday, July 12 th		
Clinic & Membership Registration	MTI Commons	8:00 AM – 4:00 PM
Exhibitors Open	MTI Commons	8:00 AM – 4:00 PM
Basketball – Matt Wilber, DWU Head Coach	Mitchell HS Lower Gym	9:00-10:00 AM
Basketball – Matt Wilber, DWU Head Coach	Mitchell HS Lower Gym	10:15-11:15 AM
FCA Coaches' Luncheon		11:30 AM – 1:00 PM
Basketball – Advisory Meeting	MTI Classroom	1:15-2:15 PM
Coaches' Association Annual Meeting	MTI Classroom	3:45 – 5:00 PM
SDHSCA Hall of Fame & Awards Banquet	Highland Conf. Center	6:00 – 8:00 PM
Social Hour & Karaoke	Blarney's Pub	8:00 – 11:00 PM
Wednesday, July 13 th		
Basketball – TBD	MTI Classroom	8:30 – 9:30 AM
GENERAL SESSION – ALL SPORTS: Ben Leber, Minnesota Vikings	MTI Classroom	9:45 – 10:45 AM
Basketball – Jason Christensen, Dakota Wesleyan University	Mitchell HS Gym	1:00 PM – 2:00 PM

CHEER/DANCE

Monday, July 11 th		
SDHSCA Foundation Golf Tournament	Wild Oak Golf Course	12:00 Noon
SDHSCA Conference & Golf Tourney Social – OPEN to All Attendees, Vendors, Presenters & Coaches	Highland Conf. Center	6:00 PM
Tuesday, July 12 th		

Clinic & Membership Registration	MTI Commons	8:00 AM – 4:00 PM
Exhibitors Open	MTI Commons	8:00 AM – 4:00 PM
Gymnastics & Cheer/Dance – Tumbling Gymnastics and Cheer Discussion w/ Judges	MEGA Gym	9:00-11:00 AM
Cheer/Dance – Questions/Answers from Coaches to Judges	MEGA Gym	11:00 AM – 12 Noon
FCA Coaches' Luncheon		11:30 AM – 1:00 PM
Cheer/Dance – Stunt Building/Basic Techniques – Safety Judges/Performance Judges	MEGA Gym	1:00 – 2:00 PM
Cheer/Dance – Choreography – Safety Judges/Performance Judges	MEGA Gym	2:00 – 3:00 PM
Cheer – South Dakota Cheer Coaches' Association Meeting	MEGA Gym	3:00 – 4:00 PM
Coaches' Association Annual Meeting	MTI Classroom	3:45 – 5:00 PM
SDHSCA Hall of Fame & Awards Banquet	Highland Conf. Center	6:00 – 8:00 PM
Social Hour & Karaoke	Blarney's Pub	8:00 – 11:00 PM
Wednesday, July 13th		
Cheer/Dance – Explanations/Demonstrations of Dance Terminology by SDHSAA Judges	MTI Classroom	9:00 – 11:00 AM
GENERAL SESSION – ALL SPORTS: Ben Leber, Minnesota Vikings	MTI Classroom	9:45 – 10:45 AM
Cheer/Dance – Advisory Meeting	MEGA Gym	11:00 AM – 12:00 PM
Cheer/Dance – Bruce Kleinsasser: Working with your Administration for your Cheer Team	MTI Classroom	1:00 PM – 2:00 PM
Cheer/Dance – Sheri Keck & Bruce Kelinsasser: Setting up Practices and Game Day Activity	MTI Classroom	2:00 – 3:00 PM

FOOTBALL

Monday, July 11th		
SDHSCA Foundation Golf Tournament	Wild Oak Golf Course	12:00 Noon
SDHSCA Conference & Golf Tourney Social – OPEN to All Attendees, Vendors, Presenters & Coaches	Highland Conf. Center	6:00 PM
Tuesday, July 12th		

Clinic & Membership Registration	MTI Commons	8:00 AM – 4:00 PM
Exhibitors Open	MTI Commons	8:00 AM – 4:00 PM
Football – Jason Glasco, DWU, Organization & Philosophy with Special Teams	MTI Classroom	9:00-10:00 AM
Football – Zach Parks, DWU, Being Multiple with Power Schemes & QB Run Game	MTI Classroom	10:15-11:15 AM
FCA Coaches' Luncheon		11:30 AM - 1:00 PM
Football – Ross Cimpl, DWU, Run Defense in a 3-4 Scheme	MTI Classroom	1:15-2:15 PM
Football – Mini-Session w/ Chad Stadem, Jared Fredenberg & Shayne Geditz	MTI Classroom	2:30 – 3:30 PM
Coaches' Association Annual Meeting	MTI Classroom	3:45 – 5:00 PM
SDHSCA Hall of Fame & Awards Banquet	Highland Conf. Center	6:00 – 8:00 PM
Social Hour & Karaoke	Blarney's Pub	8:00 – 11:00 PM
Wednesday, July 13th		
Football – Mini-Session w/ Steve Gilbertson, Blaine Bacon & Griffith VanLear	MTI Classroom	8:30 – 9:30 AM
GENERAL SESSION – ALL SPORTS: Ben Leber, Minnesota Vikings	MTI Classroom	9:45 – 10:45 AM
Football – Advisory Meeting	MTI Classroom	11:00 AM – 12:00 PM
Football – DWU Coaching Staff - On-Field Demonstrations	DWU Practice Field	1:00 PM – 2:00 PM
Football – DWU Coaching Staff - On-Field Demonstrations	DWU Practice Field	2:00 – 3:00 PM

GOLF

Monday, July 11th		
SDHSCA Foundation Golf Tournament	Wild Oak Golf Course	12:00 Noon
SDHSCA Conference & Golf Tourney Social – OPEN to All Attendees, Vendors, Presenters & Coaches	Highland Conf. Center	6:00 PM
Tuesday, July 12th		
Clinic & Membership Registration	MTI Commons	8:00 AM – 4:00 PM
Exhibitors Open	MTI Commons	8:00 AM – 4:00 PM
Golf – Chris Gomez, DWU, On Range Demonstration	Lakeview GC Range	10:30 to 12 Noon
FCA Coaches' Luncheon		11:30 AM - 1:00 PM

Golf – Wade Merry, SDGA & Joey Leisinger, Madison	Lakeview GC Pr. Green	12:30 – 2:00 PM
Golf – On Course/Play	Lakeview Golf Course	2:00 PM
Coaches' Association Annual Meeting	MTI Classroom	3:45 – 5:00 PM
SDHSCA Hall of Fame & Awards Banquet	Highland Conf. Center	6:00 – 8:00 PM
Social Hour & Karaoke	Blarney's Pub	8:00 – 11:00 PM
Wednesday, July 13th		
GENERAL SESSION – ALL SPORTS: Ben Leber, Minnesota Vikings	MTI Classroom	9:45 – 10:45 AM

GYMNASTICS

Monday, July 11th		
SDHSCA Foundation Golf Tournament	Wild Oak Golf Course	12:00 Noon
SDHSCA Conference & Golf Tourney Social – OPEN to All Attendees, Vendors, Presenters & Coaches	Highland Conf. Center	6:00 PM
Tuesday, July 12th		
Clinic & Membership Registration	MTI Commons	8:00 AM – 4:00 PM
Exhibitors Open	MTI Commons	8:00 AM – 4:00 PM
Gymnastics & Cheer/Dance – Tumbling Gymnastics and Cheer Discussion w/ Judges	MEGA Gym	9:00-11:00 AM
FCA Coaches' Luncheon		11:30 AM - 1:00 PM
Gymnastics – Coaches' Meetings	MEGA Gym	12:00 – 1:00 PM
Gymnastics – Tom Jones: Gymnastics Vault and Bars Demonstration	MEGA Gym	1:00 – 3:00 PM
Coaches' Association Annual Meeting	MTI Classroom	3:45 – 5:00 PM
SDHSCA Hall of Fame & Awards Banquet	Highland Conf. Center	6:00 – 8:00 PM
Social Hour & Karaoke	Blarney's Pub	8:00 – 11:00 PM
Wednesday, July 13th		
GENERAL SESSION – ALL SPORTS: Ben Leber, Minnesota Vikings	MTI Classroom	9:45 – 10:45 AM

SOCCER

Monday, July 11th		
SDHSCA Foundation Golf Tournament	Wild Oak Golf Course	12:00 Noon
SDHSCA Conference & Golf Tourney Social – OPEN to All Attendees, Vendors, Presenters & Coaches	Highland Conf. Center	6:00 PM
Tuesday, July 12th		
Clinic & Membership Registration	MTI Commons	8:00 AM – 4:00 PM
Exhibitors Open	MTI Commons	8:00 AM – 4:00 PM
Soccer – Coaches’ Association Meeting	MTI Classroom	10:15-11:15 AM
FCA Coaches' Luncheon		11:30 AM - 1:00 PM
Soccer – Steve Cogley & Ryan Beier – Ideas on building a quality High School Program	MTI Classroom	1:15-2:15 PM
Coaches’ Association Annual Meeting	MTI Classroom	3:45 – 5:00 PM
SDHSCA Hall of Fame & Awards Banquet	Highland Conf. Center	6:00 – 8:00 PM
Social Hour & Karaoke	Blarney’s Pub	8:00 – 11:00 PM
Wednesday, July 13th		
GENERAL SESSION – ALL SPORTS: Ben Leber, Minnesota Vikings	MTI Classroom	9:45 – 10:45 AM

TENNIS

Monday, July 11th		
SDHSCA Foundation Golf Tournament	Wild Oak Golf Course	12:00 Noon
SDHSCA Conference & Golf Tourney Social – OPEN to All Attendees, Vendors, Presenters & Coaches	Highland Conf. Center	6:00 PM
Tuesday, July 12th		
Clinic & Membership Registration	MTI Commons	8:00 AM – 4:00 PM
Exhibitors Open	MTI Commons	8:00 AM – 4:00 PM
FCA Coaches' Luncheon		11:30 AM - 1:00 PM
Tennis – On-Court w/ Jason Olson & Pat Moller	Outdoor Courts	12:00 PM – 5:00 PM
Coaches’ Association Annual Meeting	MTI Classroom	3:45 – 5:00 PM
SDHSCA Hall of Fame & Awards Banquet	Highland Conf. Center	6:00 – 8:00 PM
Social Hour & Karaoke	Blarney’s Pub	8:00 – 11:00 PM
Wednesday, July 13th		

GENERAL SESSION – ALL SPORTS: Ben Leber, Minnesota Vikings	MTI Classroom	9:45 – 10:45 AM
Tennis – On Court w/ Tony Stingley, USTA	Outdoor Courts	9:45 – 10:45 AM

TRACK & FIELD

Monday, July 11th		
SDHSCA Foundation Golf Tournament	Wild Oak Golf Course	12:00 Noon
SDHSCA Conference & Golf Tourney Social – OPEN to All Attendees, Vendors, Presenters & Coaches	Highland Conf. Center	6:00 PM
Tuesday, July 12th		
Clinic & Membership Registration	MTI Commons	8:00 AM – 4:00 PM
Exhibitors Open	MTI Commons	8:00 AM – 4:00 PM
Track & Field – Eric Pooley, SF Lincoln, Distance Training	MTI Classroom	9:00-10:00 AM
Track & Field – Derek Fossum DWU Sprints	MTI Classroom	10:15-11:15 AM
FCA Coaches' Luncheon		11:30 AM - 1:00 PM
Track & Field –Cameron Miser, DWU, Cross Country/Distance Events	MTI Classroom	1:15-2:15 PM
Track & Field – Advisory Meeting	MTI Classroom	2:30 – 3:30 PM
Coaches' Association Annual Meeting	MTI Classroom	3:45 – 5:00 PM
SDHSCA Hall of Fame & Awards Banquet	Highland Conf. Center	6:00 – 8:00 PM
Social Hour & Karaoke	Blarney's Pub	8:00 – 11:00 PM
Wednesday, July 13th		
Track & Field – Mini-Session: Tom Rice/Larry Buffington – Throws	MTI Classroom	8:30 – 9:30 AM
GENERAL SESSION – ALL SPORTS: Ben Leber, Minnesota Vikings	MTI Classroom	9:45 – 10:45 AM
Track & Field – Mini-Session	MTI Classroom	11:00 AM – 12:00 PM
Track & Field – Mini-Session: Jumps	MTI Classroom	1:00 PM – 2:00 PM

VOLLEYBALL

Monday, July 11th		
SDHSCA Foundation Golf Tournament	Wild Oak Golf Course	12:00 Noon

SDHSCA Conference & Golf Tourney Social – OPEN to All Attendees, Vendors, Presenters & Coaches	Highland Conf. Center	6:00 PM
Tuesday, July 12th		
Clinic & Membership Registration	MTI Commons	8:00 AM – 4:00 PM
Exhibitors Open	MTI Commons	8:00 AM – 4:00 PM
Volleyball – Andrea McCartney, USF Head Coach	Mitchell HS Gym	9:00-10:00 AM
Volleyball – Andrea McCartney, USF Head Coach	Mitchell HS Gym	10:15-11:15 AM
FCA Coaches' Luncheon		11:30 AM - 1:00 PM
Volleyball – Andrea McCartney, USF Head Coach	MTI Classroom	1:15-2:15 PM
Volleyball – Advisory Meeting	MTI Classroom	2:30 – 3:30 PM
Coaches' Association Annual Meeting	MTI Classroom	3:45 – 5:00 PM
SDHSCA Hall of Fame & Awards Banquet	Highland Conf. Center	6:00 – 8:00 PM
Social Hour & Karaoke	Blarney's Pub	8:00 – 11:00 PM
Wednesday, July 13th		
GENERAL SESSION – ALL SPORTS: Ben Leber, Minnesota Vikings	MTI Classroom	9:45 – 10:45 AM

WRESTLING

Monday, July 11th		
SDHSCA Foundation Golf Tournament	Wild Oak Golf Course	12:00 Noon
SDHSCA Conference & Golf Tourney Social – OPEN to All Attendees, Vendors, Presenters & Coaches	Highland Conf. Center	6:00 PM
Tuesday, July 12th		
Clinic & Membership Registration	MTI Commons	8:00 AM – 4:00 PM
Exhibitors Open	MTI Commons	8:00 AM – 4:00 PM
Wrestling – Coaches' Advisory Meeting	MTI Classroom	9:00-10:00 AM
Wrestling – SDSU Coaching Staff	MTI Classroom	10:15-11:15 AM
FCA Coaches' Luncheon		11:30 AM - 1:00 PM
Wrestling – SDSU Coaching Staff	MTI Classroom	1:15-2:15 PM
Wrestling – SDSU Coaching Staff	MTI Classroom	2:30 – 3:30 PM
Coaches' Association Annual Meeting	MTI Classroom	3:45 – 5:00 PM
SDHSCA Hall of Fame & Awards	Highland Conf. Center	6:00 – 8:00 PM

Banquet		
Social Hour & Karaoke	Blarney's Pub	8:00 – 11:00 PM
Wednesday, July 13th		
GENERAL SESSION – ALL SPORTS: Ben Leber, Minnesota Vikings	MTI Classroom	9:45 – 10:45 AM